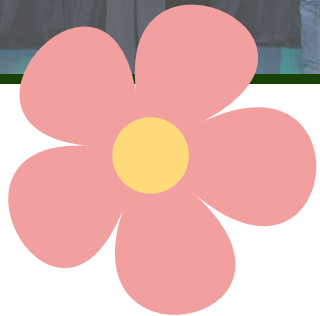


AGGIE SUSTAINABILITY ALLIANCE MONTHLY NEWSLETTER

MARCH 2024 | VOLUME 21



»» WOMEN'S HISTORY MONTH

IN THIS ISSUE:


Women's History
Month

TRACS Summit in
South Padre

Professional
Development
Sustainability
Network

AGF Micro-Grant
Spotlight

Staff Spotlight



“From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often the women were unsung and sometimes their contributions went unnoticed. But the achievements, leadership, courage, strength and love of the women who built America was as vital as that of the men whose names we know so well”.

~ President Jimmy Carter's message to the nation designating Women's History Week, 1980.



WOMEN'S HISTORY MONTH

Women's History Month is the annual celebration of women's accomplishments and contributions to American history. Starting out as "Women's History Week" in the 1970s, it gained national recognition in 1980, and then evolved into an entire month of celebration. Since 1995, each president has issued annual proclamations designating March as Women's History Month.

Why is Women's History important to celebrate?

Women, especially women of color, have been overlooked for a majority of history. Taking the opportunity to focus on women's contributions and accomplishments throughout history is vital to fostering a culture of self-respect and confidence for young women and girls. Writing women "back into history" isn't just important for young girls, it is important for our culture as a whole to recognize and appreciate the history and remarkable accomplishments of the women in our past and present.

"Each time a girl opens a book and reads a womanless history, she learns she is worth less".

~ Myra Pollack Sadker

Ways to celebrate:

1. Support female entrepreneurs
2. Explore the history of women's rights
3. Be aware of issues women still face today
4. Read books by female authors
5. Write a thank-you note to a woman who inspires you
6. Make sure you are registered to vote
7. Celebrate International Women's Day (3/8)

TRACS SUMMIT IN SOUTH PADRE



Last month, Texas A&M attended the 10th annual Texas Regional Alliance for Campus Sustainability (TRACS) Summit hosted by the University of Texas Rio Grande Valley in South Padre Island!



The Office of Sustainability & Campus Enrichment, Aggie Green Fund, Aggie Eco Reps, Residence Life, and Utilities & Energy Services were represented at the summit! Kelly Wellman presented on the one-of-a-kind Athletics Sustainability Master Plan. Madelyn Lewis and other members of the TRACS Student Committee held a student networking session, Jordan Jeffcoat presented on the Eco Reps Swap Shop, and Taylor Cooleen presented on the Plastic Film Recycling Program. Dalynne Quintana, Taylor Leeder, Brooke Ubieta, and Avery McCreight presented on the Aggie Green Fund. Kenya Reeves presented on the Grocery Give & Grab.





PROFESSIONAL DEVELOPMENT SUSTAINABILITY NETWORK

NEW

The Professional Development Sustainability Network (PDSN) is a collaboration space where Aggies can learn from and interact with sustainability leaders from industry, both small and large business, federal, state, and local government, and each other.

Who: Undergraduate, Graduate, Professional, and Former Students

Why: When Aggies unite, they are a force for positive change

How: Virtual sessions, twice each semester



New to PDSN?

1. Visit <http://tx.ag/PDSN> or
2. Register via QR code.
3. Registration **closes at 5 PM** on the day of the event.
4. Can't register? Contact Janice Meyer at janice.meyer@tamu.edu.

Sessions will be facilitated by Texas A&M University School of Law Adjunct Professor Andrea Gelfuso who sparks engaging and informative discussion.

*Join us online
3/27 at 7-8 PM CST*

Next Meeting



YOU'LL MEET:
Nicholas Raven

White House Carbon Free Energy Team



Growing Green: Produce in the Office of the Registrar!



Leigh Cherry, Senior Administrative Coordinator for the Office of the Registrar, plans to grow food at work. Her project, funded by the Aggie Green Fund, puts an Aerogarden, an indoor gardening system which uses a grow light, in the main hallway of the Office of the Registrar. “The vision for my project is to grow fresh herbs and produce in our office year-round for our employees to take advantage of,” she said. Cherry plans to increase education about gardening and nutrition for the office’s employees. “Our student employees will be taught how to actively take care of and use the garden. I plan to share recipes that include items grown in the office to get the team excited about the project and encourage cooking healthy meals at home,” she said.

Environmental Sustainability:

- Reduces carbon emissions due to eliminating shipping of produce
- Constructed entirely of recyclable, BPA-free components
- Includes reusable grow domes, baskets and trays, as well as replaceable, 90% biodegradable, growing media
- More water-efficient and requires less space than soil gardening methods

Social Sustainability:

- Promotes health through improved dietary habits of staff and students
- Stress reduction by increased air quality and ambience in the office
- Community building through tending the garden together

Economic Sustainability:

- Saves money as employees only take what they need instead of buying too much at the grocery store
- Healthier employees making the office more productive





Lisette Templin

Instructional Assistant Professor,
Founder and Director of TAMU Urban Farm United (TUFU)



I am motivated to help our campus community to feel more at ease in the hope of a possible pathway leading to more trust. With that I share a message of sustainable vitality. Though sustainability seems to be the word of the decade, the experience of sustainability is unique to each person. For TUFU , sustainability means the skills and practices of cultivating physical, mental, and emotional sustenance required to generate the vital energy that supports a well lived life.

Lisette Templin is a member of the Texas A&M Class of '88. She has been teaching at the university for 7 years.

After 12 years of teaching meditation and mindfulness, it is no longer a surprise but a delight to witness people entering into deep relaxation as they let go of their mental burden. When people learn to feel safe in their bodies and their surroundings, they naturally feel at ease with the body in the life that fits their personal expressions. This is heartwarming and inspiring to witness each and every time.

WHEN I'M NOT WORKING I...

Spend time with my 11 rescued cows, my house plants, and my art.

PEOPLE WHO INSPIRE ME ARE...

My husband who tells me the same jokes over and over to make me laugh.

My parents who taught me "it's only hard until it gets easy."

My kids who still play pickle ball with me because I'm "pretty good for my age."





MARCH EVENTS

MARCH							2024
SUN	MON	TUE	WED	THU	FRI	SAT	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							



1-COLOR WITH A COUNSELOR | 9-11AM | SSB

1-14- SHE: CELEBRATING WOMEN ARTISTS IN THE PERMANENT COLLECTIONS | ALL DAY | J WAYNE STARK GALLERIES MSC 1110

1-16- REPRESENTING NATIVE AMERICAN SUBJECTS FROM THE PERMANENT COLLECTIONS | ALL DAY | FORSYNTH GALLERIES MSC 2428

5- LATE NIGHT - COOKIES AND CONVO | 6 PM | SSB 210

5-REST OF MONTH- THE TOLL OF TEXAS ROADS ON TURTLES AND SNAKES | 9AM-6PM | MSC 1110

8- INTERNATIONAL WOMEN'S DAY

8- NATIVE INTELLIGENCE/INNATE INTELLIGENCE | 7-8PM | RUDDER AUDITORIUM

20-21- WOMEN IN INTELLIGENCE CONFERENCE | ALL DAY | ANNENBERG PRESIDENTIAL CONFERENCE CENTER 1002 BUSH DRIVE WEST

21- MARCH GROCERY STORE TOUR | 1:30-3:30PM | H-E-B 949 WILLIAM D. FITCH PKWY**

23- MONARCH MARCH | 9AM-12PM | GARY HALTER NATURE CENTER**

23- THE BIG EVENT**

24- STAND UP TRAUMA-INFORMED CARE: FULL TRAINING FOR STUDENTS | 1-4:30PM | SSB 308

26 - DATA & DONUTS | 9-10AM | SSB 308

27- JOB SEARCHING WITH A DISABILITY PANEL | 5:30-6:30 PM | VIRTUAL

** NOT ON CAMPUS